**Theme: Explaining Lent**

**Resources:**

* Name labels
* Pens
* Ice breaker PowerPoint questions
* Prayer cards & pens
* Video countdown timer
* Prepared game
* Lent quiz
* Lent video quiz
* ‘Charity’
* Box
* Paper chain links

| **Time** | **Who?** | **Item** | **Length** |
| --- | --- | --- | --- |
|  |  | **Doors open and ice breaker questions on screen** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **Game** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | **Icebreaker quiz** | **12 min** |
|  |  | Put up Lent quiz PowerPoint. In table groups, get people to answer questions about Lent. | |
|  |  | **Video clip** | **3 min** |
|  |  | Video about Lent. URL: <https://youtu.be/rV8XpwPoRvI> | |
|  |  | **Link** | **2 min** |
|  |  | Explain that Lent is a time when, as Christians, we say sorry to God, and we try to get to know God better, to deepen our commitment to him etc. We do that in three ways: Through giving something up (or taking something on); through acts of charity; and through prayer… | |
|  |  | **Table group activity** | **6 min** |
|  |  | Ask table groups to talk about what they could either give up or take on. Then feedback. | |
|  |  | **Link** | **3 min** |
|  |  | Explain that since part of what Lent is about, is about being charitable, we think it would be good if we at Ignite could do our bit, so the Ignite charity challenge, is to collect items for the Foodbank. (Bring out the charity box and encourage guests to bring one food item next week.) | |
|  |  | **Table group activity** | **10 min** |
|  |  | Explain that we are going to make a prayer chain, which we are going to add to, each week. Then distribute unused paper chain links to each table, and invite guests to write a very short, simple prayer on the links. As the prayers are written, link them up to each other to make the beginnings of a paper prayer chain. Then say a prayer over the prayer chain. Continue making these during your Easter sessions and if you can leave the chain draped on the alter creating a visible link between Ignite and Sunday church. | |
|  |  | **Sum-up & finish** | **2 min** |
|  |  | Remind people what we have been thinking about: giving something up, acts of charity, and prayer. Encourage them to bring a food item next week. |  |
|  |  | **End** |  |