**Session 3**

**Theme:** Choices

Jonah

**Resources:**

* Ice-breaker questions on PowerPoint
* Video countdown timer
* Game resources
* Two boxes
* Box of chocs
* Jonah video clip
* Video song

| **Time** | **Who?** | **Item** | **Length** |
| --- | --- | --- | --- |
|  |  | **Doors open & ice breaker questions on screen** | 25 min |
|  |  | **Video countdown timer** | 5 min |
|  |  | **Game** | 10 min |
|  |  | **Notices and encouragements** | 5 min |
|  |  | **Two boxes** | 6 min |
|  |  | This activity links the theme of the evening – ‘choices’ – with the story of Jonah i.e., choosing to do something different to what we have been advised / asked to do. There are two boxed gifts - one nice looking and one rubbish-looking. Primed congregation member comes up to choose one of the boxes. Up front leader ‘tries’ to persuade member to pick rubbish looking gift. However, member picks nice looking gift and discovers that there’s nothing in it. The ‘prize’ was in the rubbish looking gift. | |
|  |  | **Intro talk** | 3 min |
|  |  | Introducing the theme. | |
|  |  | **Table discussion** | 12 min |
|  |  | This discussion is in two parts. Firstly, for approx. 6 mins, ask table groups to discuss what sort of choices are easy to make and what are hard to make? Then feedback. Next, for 6 mins, ask the groups to think about who or what influences us to make our choices? How do we decide? Then feedback thoughts. | |
|  |  | **Video clip Jonah** | 5 min |
|  |  | Clip showing the story of Jonah <https://www.youtube.com/watch?v=jO2QsF_nnIU&t=103s> | |
|  |  | **Talk** | 6 min |
|  |  | **Video song** | 4 min |
|  |  | Song - Mercy Me ‘Dear Younger Me’ <https://www.youtube.com/watch?v=-l70C3ePyIQ> | |
|  |  | **Finish** | 2 min |
|  |  | Mention chat and prayer, and also hot dogs next week. | |
|  |  | **End** |  |