**Session 2**

**Theme:** Isaac – Don’t be afraid

Genesis 26 & Matthew 14

**Resources:**

* PowerPoint ice breaker questions
* Prayer tags, pens, pins & wooden cross
* Meal
* Video countdown timer
* Music quiz video
* Drama script x 4
* Flat pack parcel boxes, pens, printed scripture verses (already cut up) about not being afraid
* ‘Fear is a liar’ video song & ‘I will fear no more’ video song

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| --- | --- | --- | --- |
| **Time** | **Who?** | **Item** | **Length** |
|  |  | **Doors open & ice-breaker questions on screen** | **30 min** |
|  |  | **Meal** | **30 min** |
|  |  | **Video countdown timer** | **5 min** |
|  |  | **Game** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | Mention parcel tags on which prayers can be written and hung on the cross. | |
|  |  | **Intro** | **2 min** |
|  |  | Looking back on last week, and then reflecting on the fact that much of Isaac’s story is similar to Abraham’s story. | |
|  |  | **Sketch** | **5 min** |
|  |  | About Isaac being scared (Genesis 26)**.** | |
|  |  | **Table interactive** | **8 min** |
|  |  | Encourage people to discuss in their table groups what sort of things that we are afraid. What helps us not be afraid? Then feedback. | |
|  |  | **Talk** | **5 min** |
|  |  | Why we don’t need to be afraid as Christians. | |
|  |  | **Altar making with music** | **8 min** |
|  |  | Give each table group a flat-pack cardboard box. If a group is very large, consider giving two boxes. Explain that we are going to make an ‘altar’ out of the boxes, with our prayers written on the inside of the ‘altar’ boxes. On the outside of the box, get people to stick a different scripture about not being afraid, on each side of the box. Stack the boxes on top of each other as a sort of altar and pray over them. Play two video songs the activity is happening. One is ’I will fear no more’ by The Afters and the other is ‘Fear is a liar’ by Zack Williams: <https://www.youtube.com/watch?v=wMmmbJlWhtk> <https://www.youtube.com/watch?v=sQTnREEtuNk> | |
|  |  | **Finish** | **2 min** |
|  |  | **End** |  |