**Session 2**

**Theme:** I am the Light of the world

**Resources:**

* Name labels
* Pens
* Ice breaker PowerPoint questions
* Prayer cards
* Video countdown timer
* Game resources
* ‘Sound of silence’ video song
* ‘Light’ source pictures, washing line
* ‘Light of the world’ video clip
* Prepared meditation and Holman Hunt PowerPoint, quiet instrumental music, candles

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| **Time** | **Who?** | **Item** | **Length** |
|  |  | **Doors open and ice breaker questions on screen** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **The game** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | Mention prayer cards. | |
|  |  | **Video song** | **2 min** |
|  |  | Playing ‘Sound of Silence’ by Disturbed **(stop at 1 min 4 seconds)** URL: <https://www.youtube.com/watch?v=usN-pKfw6Q8> | |
|  |  | **Table discussion** | **5 min** |
|  |  | **Say something like:** We just heard those words, ‘Hello darkness, my old friend’ We played that because we’d like you to talk in your table groups about what ‘darkness’ means to you. What comes to mind when you think of darkness? | |
|  |  | **Move around activity** | **6 min** |
|  |  | **Say something like:** *“Ok, we’ve been thinking about darkness, but… when you think about darkness, you also can’t but help think about the opposite of darkness, which is light. Which is what we are going to think about right now! Hidden around the room are pictures of things that give light. Some might be quite easy to find, but others… might be hidden in darkness. So we’d like you to get out of your seats, look for the different things, and when you find them come back here and hang them on our washing line!”* | |
|  |  | **‘Led from the front’ discussion** | **5 min** |
|  |  | **Ask:** How easy were the items to find? What do they have in common? Why are they important? **If not said by the guests, include the fact that light chases away darkness.** | |
|  |  | **Link explanation** | **2 min** |
|  |  | **Say something like:** *“So tonight, we’ve been thinking about darkness and light, and the fact that light chases away the darkness, and so inevitably, as we saw from our washing line, we eventually end up thinking about Jesus. And Jesus once said this amazing thing. He said, ‘I am the light of the world.’ But what does that mean. So to get our brain boxes working, here’s a short video clip to watch.”* | |
|  |  | **Video clip** | **3 min** |
|  |  | Video clip explaining why Jesus is the light of the world. **Stop at 1 min 37 seconds. URL:** <https://youtu.be/28Jc6-EICgM> | |
|  |  | **Table discussion** | **6 min** |
|  |  | **Say something like: *“****So that was a quick video about Jesus being the light of the world. But what does that mean to you?****”*** Then discuss and feedback. | |
|  |  | **Meditation** | **6 min** |
|  |  | On the theme of Jesus light of the world. Hand out candles, put up Holman Hunt PowerPoint and read the meditation, while playing quiet instrumental music in the background. Light candles at the end. | |
|  |  | **Sum-up, final prayer, and finish** | **2 min** |
|  |  | **End** |  |