**Session 2**

**Theme: Living Well in Difficult Times**

Seeing Hope in all circumstances

**Required resources:**

* Ice breaker PowerPoint questions
* Name labels
* Prepared meal
* Video countdown timer
* Game resources
* Video clip

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| **Time** | **Who?** | **Item** | **Length** |
|  |  | **Doors open, Ice breaker questions on screen** | **15 min** |
|  |  | **Meal** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **Welcome & Game** | **10 min** |
|  |  | **Notices & Encouragements** | **5 min** |
|  |  | **Intro to new session** | **2 min** |
|  |  | Today we are continuing our series on living well in difficult times. We are going to learn about someone who clung to hope in difficult circumstances. | |
|  |  | **Challenge** | **5 min** |
|  |  | Have 4 volunteers come to the front. They are each given a different challenge. They can get something now or they can get something better if they are willing to wait until the end of the session.  (*one mini Wispa or a 150g snack bag of Wispa*; *25g packet of crisps or 150g snack bag of crisps*; *mini packet of Haribo or 150g snack bag of Haribo*; cup of fizzy drink or 2L bottle; *50p or £5 gift card to Asda*) | |
|  |  | **Link** | **1 min** |
|  |  | How strong is your resolve? Is it easier to accept what is on offer than be willing to hold out hope for something better? | |
|  |  | **Table group discussion** | **6 min** |
|  |  | Do you think we tend to accept things as they are rather than hope for something more? Why do you think we might do that? | |
|  |  | **Faith Based Inspirational Story Video clip** | **7 min** |
|  |  | Video 1: [Corrie ten Boom: Fleas! - YouTube](https://www.youtube.com/watch?v=DniOtkY_XVs) (Deanna Storfie acting, 1:31)  Video 2: [God Can Even Use Fleas - YouTube](https://www.youtube.com/watch?v=0DGiWrZus6U) (best version for Ignite, 4:26) | |
|  |  | **Boffins** **2 volunteers** | **7 min** |
|  |  | 1) Can you tell us briefly about a time where you initially found it difficult to be hopeful but eventually could?  2) What helped you?  3) In what way did the words of the Bible help you? | |
|  |  | **Reflection with Song** | **4 min** |
|  |  | [Hope Darst - Don't Let Go Lyrics - YouTube](https://www.youtube.com/watch?v=5ueQp5F4Orc) | |
|  |  | **Closing Prayer** | **2 min** |
|  |  | Offer to pray for anyone who would like prayer, etc. after Ignite has finished. | |