**Session 1**

Theme: Introduction to the Holy Trinity

**Resources:**

* Name labels
* Pens
* Ice breaker PowerPoint questions
* Prayer cards
* Video countdown timer
* Game resources
* Activity sheets with objects / words to be put into groups of three
* Strips of paper (2” x A4 width)
* Prepared notice board
* Holy Trinity video clip

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| **Time** | **Who?** | **Item** | **Length** |
|  |  | **Doors open and ice breaker questions on screen, drinks etc.** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **Game - Pictionary** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | **Table activity** | **8 min** |
|  |  | Each table are given two sheets of paper with words / objects on them. Table groups have to group these objects / words into groups of three. Then feedback. | |
|  |  | **Link** | **5 min** |
|  |  | Have members try to guess the theme. Say something like, *“We are starting a new series looking at the Holy Trinity. This is really important for Christians but is also sometimes a bit of a challenge for people to get their heads round. So, since Christians believe that God is one being who is three different persons – told you it was a bit of a challenge – we thought we would start by first thinking about what we know about God…”* | |
|  |  | **Table discussion** | **8 min** |
|  |  | Give each table eight or nine pre-cut strips of paper (approx. 2” x A4 width). Ask people to discuss what they think they know about God – what is he like and what does he do? Get them to record their findings on the strips of paper e.g., if someone says that God is kind, then they should write the word ‘kind’ on one of the paper strips etc. Then feedback. | |
|  |  | **Table activity** | **8 min** |
|  |  | Direct people’s attention to a notice board that has already been divided into three (labelled Father, Jesus, or Holy Spirit), with the word, ‘God’ pinned to the centre of the board. Going to each table in turn, ask them to take up one their answers of the previous activity and pin it in whichever section they think that particular answer belongs in e.g. if the answer was ‘guide’ then they might want to pin it in the ‘Holy Spirit’ section etc. Then feedback. | |
|  |  | **Video clip** | **5 min** |
|  |  | Show a short video explaining the Holy Trinity. URL: <https://youtu.be/cgu2iNZHyEo> | |
|  |  | **Link** | **4 min** |
|  |  | Very briefly summarise the video’s three main Trinity examples and see if we can put them on the Trinity notice board. | |
|  |  | **Final prayer and finish** | **2 min** |
|  |  | **End** |  |