**Session 5**

**Theme:** Jesus never got tempted

**Resources:**

* Name labels
* Pens
* Ice breaker PowerPoint questions
* Prayer cards
* Video countdown timer
* Games resources
* Donuts and Fruit Pastilles
* A4 temptation sheets & stickers
* Drama script x 2
* Sketch observation questions
* Pre-chosen Boffins x 2
* A5 paper, pens & ‘Resisting Temptation’ PowerPoint
* ‘Voice of Truth’ video song

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| **Time** | **Who?** | **Item** | **Length** |
|  |  | **Doors open and ice breaker questions on screen** | **25 min** |
|  |  | **Video Countdown Timer** | **5 min** |
|  |  | **Game** | **10 min** |
|  |  | **Notices & encouragements** | **5 min** |
|  |  | **Up-front activity** | **6 min** |
|  |  | Some people are brought up front and each attempt to eat a donut without licking their lips. The rest of the congregation each have a fruit pastille which they mustn’t chew. | |
|  |  | **Link intro** | **2 min** |
|  |  | Explain that we are thinking about temptation, and Jesus being tempted and how he dealt with temptation. | |
|  |  | **Whole group activity** | **10 min** |
|  |  | Each member of the congregation is given five small stickers, such as stars or circles etc. Distributed around the worship area are ten sheets of paper each with a different temptation on them. People need to go and look at each of the temptations and put a sticker on each of the five temptations that they think are the worst / hardest to cope with / most common etc. Then feedback results and discuss briefly. | |
|  |  | **Link talk** | **2 min** |
|  |  | The fact is, is that temptation in our lives is a reality, and sometimes we do give in to temptations. However, there are ways to lessen and even beat temptation… | |
|  |  | **Sketch** | **5 min** |
|  |  | **Jesus being tempted -** Before the sketch begins, tell the congregation that this is like one of the film observation quizzes that they have done in the past. They need to watch and listen to the sketch carefully, as we are going to test them on how observant they were… | |
|  |  | **Whole group activity** | **10 min** |
|  |  | Sketch observation quiz - Ask questions about what the congregation saw and heard during the sketch. | |
|  |  | **Boffins** | **7 min** |
|  |  | (1) What is their worst temptation? (2) When are they most vulnerable to temptation? (3) In what way have you used scripture to beat temptation? | |
|  |  | **Table group activity** | **8 min** |
|  |  | Table group need to try and write their own five-point guide, for surviving temptation. Feedback. If helpful or needed, put up the Resisting Temptation PowerPoint during feedback. | |
|  |  | **Video song** | **4 min** |
|  |  | ‘The Voice of Truth’ by Casting Crowns. URL: <https://youtu.be/enxca57LiVU> | |
|  |  | **Summing-up prayer & finish** | **2 min** |
|  |  | **End** |  |